



*School*

# Evaluation Results 2010



VERMONT

**DEPARTMENT OF HEALTH**  
Agency of Human Services

# Introduction

Since January 2002, the Vermont Division of Alcohol and Drug Programs and local providers have worked together with The Change Companies® to standardize and update their 10-hour CRASH School curriculum. CRASH stands for Countermeasures Related to Alcohol and Safety on Highways.

The mission of the CRASH intervention is to promote public safety by reducing the harmful effects of substance misuse, especially Driving While Under the Influence (DWI). The program reduces recidivism by assisting offenders in changing high-risk attitudes and behaviors. This process is facilitated by the application of evidence-based change theory, motivation strategies, group process and *Interactive Journaling*®.

Curriculum evaluation and revision is an ongoing process. In order to gather participant feedback, instructors administer an anonymous course evaluation to participants at the conclusion of the program.

In 2010, approximately 1,850 completed course evaluations were submitted to The Change Companies® from the following locations:

- Newport
- Berlin
- St. Albans
- Rutland
- Brattleboro
- Springfield
- Morrisville
- Burlington
- Bennington

The course evaluations provide valuable insight about participants' program experiences. Overall, participant feedback reflects a very positive attitude toward the program and its instructors.

Section I outlines demographic information collected from the participants from the survey's first three questions. Section II summarizes the responses to questions 4 - 21. These questions offer participants specific response choices and therefore provide measurable and concrete results.



**DEPARTMENT OF HEALTH**  
**Agency of Human Services**

# Section I

## Participant Demographics

## Question 1: Gender

Male	73%
Female	27%

## Question 2: Age

15-19	5%
20-29	44%
30-39	19%
40-49	17%
50-59	10%
60+	5%

## Question 3: Ethnicity

African American	1%
American Indian	2%
Asian/Pacific Islander	0%
Hispanic/Latino	5%
White/Caucasian	90%
Other	2%

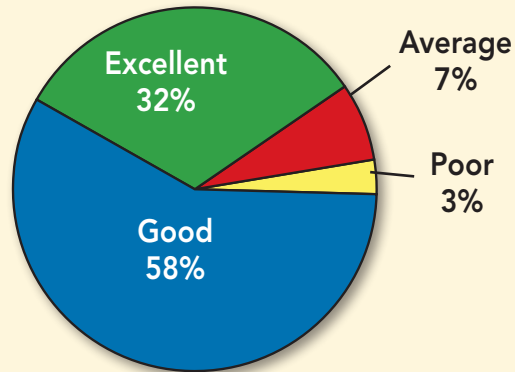


## **Section II**

### **Rating the Program Components & Instructors**

## Question 4

Overall, how would you rate this course?



## Questions 5-10

How useful were the following activities in helping you meet your goals for the course?

	Very Useful	Useful	Not Useful
Participant Workbook	41%	54%	5%
Homework	31%	54%	15%
Personal Change Plan	40%	56%	4%
Videos	36%	48%	16%
Class Discussions	60%	39%	1%
Self-help Activity	24%	66%	10%

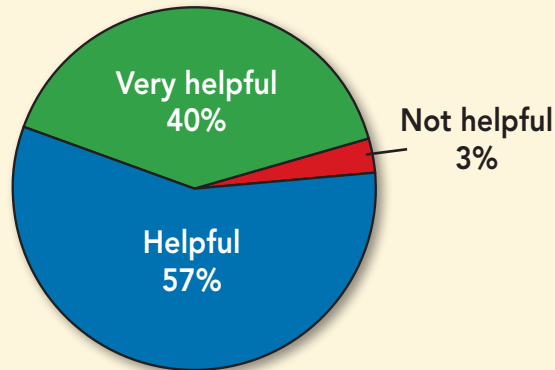
## Questions 11-15

Please rate your instructor in the following areas:

	Excellent	Good	Average	Poor
Well-prepared	71%	16%	13%	0%
Made participants feel comfortable	79%	21%	0%	0%
Involved everyone in discussion	72%	25%	2%	1%
Explained the material clearly	70%	21%	8%	1%
Overall quality	70%	27%	3%	0%

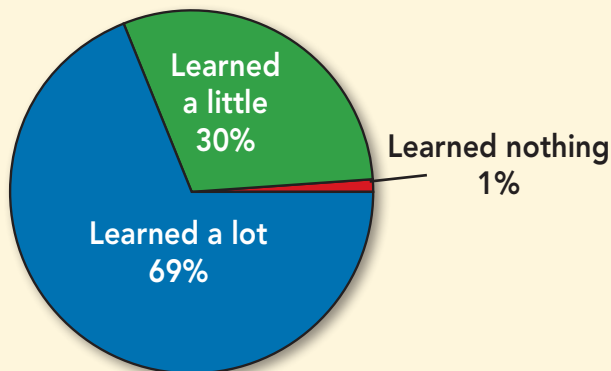
## Question 16

How helpful was the material?



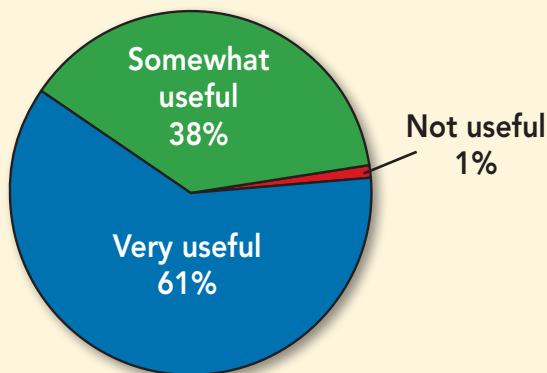
## Question 17

How much did you learn from the course?



## Question 18

How useful do you think the material in the program will be to you in the future?



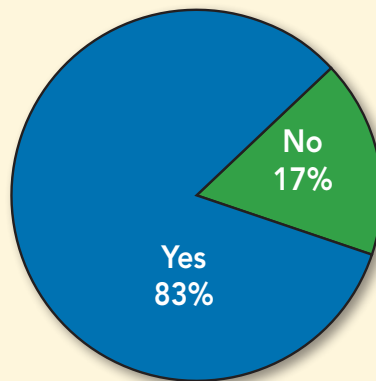
## Question 19

Have you or will you share your Participant Workbook with anyone outside of class?



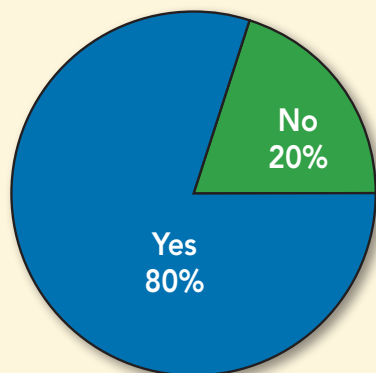
## Question 20

Will you keep your participant workbook after the class ends?



## Question 21

Do you feel that the CRASH School helped you make a change in your high-risk use of alcohol or other drugs?





**DEPARTMENT OF HEALTH**  
**Agency of Human Services**



**The Change Companies®**

tel: (775) 885-2610 • toll-free: (888) 889-8866 • fax: (775) 885-0643  
5221 Sigstrom Drive, Carson City, NV 89706 • [www.changecompanies.net](http://www.changecompanies.net)